

Medical Transitioning

Boys and girls who are not comfortable with their God-given sex and gender are often encouraged to medically transition so that “you can be true to yourself.” But is this really the best way forward?



Is it possible to change your sex?



No. God created human beings as one of two sexes: male or female. That genetic marker is imprinted on every one of your 100 trillion cells and cannot be changed. Cross-sex hormones and surgical procedures can only make someone look like the opposite sex.



Is medical transitioning ethical?

- > No. Rejecting the sex and gender that God has given you and trying to reshape your body into something that it is not is an act of rebellion against God.
- > There are also many negative side effects of medical transitioning. The biggest one is infertility: most people who medically transition are unable to have children in the future.

The issue of consent:

In Canada, children and adolescents below the ages of 18 or 19 are not allowed to:

- > **Change their legal name**
- > **Buy cigarettes**
- > **Buy a lottery ticket**
- > **Purchase alcohol**
- > **Donate blood**
- > **Adopt a pet**
- > **Watch an R-rated movie**



If a child is unable to legally change their name, do we really think they are able to consent to permanent changes to their body that medical transitioning causes? Kids can't consent to a medical transition.

Types of medical transitioning:

Puberty blockers:

Chemicals that prevent children from sexually maturing through puberty.

Cross-sex hormones:

The injection of testosterone into girls or estrogen into boys.

Surgery:

Procedures that remove healthy organs and tissues or try to create replicas of the opposite sex organs and tissues.

Kids need time, not surgery.

The academic literature suggests that 80% of children who have gender dysphoria (are confused about their gender) before puberty outgrow this after puberty. Most kids simply need more time to understand how God created them to be. They don't need to be refashioned by hormone therapy or surgeries.

Other countries that are hitting the brakes on medical transitions:



- > Finland
- > Norway
- > Sweden
- > France
- > United Kingdom
- > Many American states

What needs to be done?

Provinces should ban all forms of medical transitioning (puberty blockers, cross-sex hormone therapy, and surgical transitions) for minors. Instead, counselling that affirms a person's biological sex should be encouraged.

Questions to ask:



- #1 Do you think that minors are capable of making lifelong decisions about changing their bodies?
- #2 Why would we rush children who identify as transgender into a medical transition rather than waiting to see if their gender dysphoria will resolve itself?
- #3 Why isn't Canada following the example of other western countries and re-examining the evidence around the risks of medical transitioning?

For more information on this issue, check out ARPA Canada's policy report on Medical Gender Transition!